

# D I N N E R



## **\*Avocado and Orange Chopped Salad 16**

Romaine Lettuce, Sliced Avocado, Orange Slices,  
Scallions, Dried Cranberries, Toasted Sweet  
Almonds, Orange Honey Mustard Dressing

## **\*Protein Options**

Salmon 8 (Seared)  
Sesame Tuna 9 (Seared)  
Cod 6 (Fried, Grilled or Blackened)  
Shrimp 8 (Fried, Grilled or Blackened)  
Chicken 6 (Fried, Grilled or Blackened)  
Tofu 6 (Seared)

## **Tuna Poke 14**

6oz Seared Ahi Tuna, Sliced Cucumber, Sliced  
Avocado, Pickled Ginger, Root Vegetable Chips

## **Raspberry Balsamic Glazed Pork Chops 22**

Grilled Pork Chops, Mashed Potatoes, Roasted  
Asparagus, Raspberry Balsamic Glaze

## **Mango Salsa Mahi-Mahi 22**

Seared Mahi-Mahi, Cilantro, Lime Rice,  
Seasonal Vegetable, Mango Salsa

## **Bleu Cheese Filet Mignon 36**

8oz Grilled Filet, Mashed Potatoes,  
Roasted Asparagus, Bleu Cheese Sauce

## **Chicken Scallopini 22**

Sauteed Chicken Breast, Parmesan Orzo, Seasonal  
Vegetable, Lemon Butter Sauce, Crispy Capers